

# Post Treatment Instructions

## Crown or Bridge

A crown is needed when the tooth has been severely damaged by decay (cavities) or because it is broken beyond repair with a filling. A Special Note\*\*\*once a tooth is severely damaged it may require a root canal in the future. We treat your tooth conservatively. Our goal is to keep you natural tooth.\*\*\*

A bridge (several crowns together in one unit) is needed when you are replacing a missing tooth.

Your tooth has been fitted with a temporary crown. It can be made of plastic or metal. The temporary crown is needed to protect the tooth and prevent your other teeth from moving.

To avoid losing your temporary crown-avoid chewing on that side and avoid hard or sticky foods.

You may experience sensitivity or gum soreness when you bite or chew.

If you bite feels uneven please call for a quick and easy adjustment.

Temporary crowns are placed with temporary cement making it easy for the doctor to remove the temporary crown when the permanent crown is ready to be placed on your tooth. If it does come off- DON'T PANIC- we can help you. You can use some temporary filling material (available at drug stores) or you can use some Vaseline mixed with baby powder (make it a paste), place a little in the crown or bridge and place it back over your tooth. Call us to let us know. Finally, Please keep your next appointment for the placement of permanent crown or bridge.