

Post Extraction Instructions

Do not spit or rinse for the next 24 hours. A clot will form at the site. *Do not remove it.*

NO SMOKING. Smoking can contribute to a condition called "DRY SOCKET".

Replace the gauze we have given you every 20 minutes. Bite down with constant pressure.

If the bleeding still continues after a few hours, moisten a tea bag and bite down. Lay down quietly for one hour.

If any swelling occurs apply ice to the outside of your jaw; twenty (20) minutes on and twenty (20) minutes off.

Take all your prescription medication.

If sutures were used they will dissolve in 7-10 days on their own.